

# 2019 ANNUAL REPORT



Providing hope, conquering addiction, healing families.

---

## VETERANS, HOMELESS, YOUTH, FAMILIES

Promoting wellness and recovery from alcohol and substance use disorders and trauma since 1946.

## A LETTER FROM OUR CEO

As I reflect on the last 30-45 days, I think of all the planning and activity that has been going on around the Council. Margie and Sonny have been waist to neck deep in preparations for bringing on the Supportive Services for Veteran Families (SSVF) program staff, including everything from renovating office space to planning orientation so that the eight new staff members, who are transferring from Catholic Charities Fort Worth, will be completely integrated into the Recovery Resource Council family.

On Tuesday February 3rd the SSVF staff will start, and it will be a big day for them and for us. Jennifer is coming over from the East campus to help Margie with all the tasks required for the in processing. Interesting enough one of the requests from these new staff has been when will they get their Council shirts to wear, they like the ones you have been wearing.

In news for the East Campus, Marianne has been writing a lot of grants in January for East campus programming and Veterans funding needs. These grant funding efforts are important to me and her, and to all of you.

Finding funding to fill the gaps or to bridge the gaps is a never-ending process, which is why I am so excited that we were able to welcome our new Director of Development Alicia Peoples to our team. She has quickly jumped in, during her first couple weeks on the job, to create plans to strengthen our Development department processes and increase the support to our development team members, Candice and Marianne.

In accounting, it needs to be noted that Terri Chepregi is being moved up to Director of Finance effective immediately. She will be fully in charge of all facets of the accounting department and assume the lead fiscal operations role during the Board Finance Committee meetings. Accounting has been a very busy department lately especially due to being one short in staffing, but we hope we have a person hired who should be here mid-February.

The Clinical programs have made significant strides launching its new Recovery Now pro-gram that is a trauma focused program targeting parents who struggle with substance abuse. I believe that all except one part time position for this new program has been hired, and the contract with Tarrant County MHMR to do our program evaluation of this project has been signed.

Lastly, the Veterans department contract with the State has finally been signed. This funding requires a dollar for dollar match, which is always a challenge, but I believe we will continue to get good local support for this robust high-quality psychotherapy program. One of the good parts to this new grant is that it adds funded partner agencies to our Veterans team: Tarrant County MHMR, Denton County MHMR, Artist Outreach, The Art Station and Steps with Horses.

It's always a plus to lean in and allow quality partner agencies to leverage their strengths to help those we seek to serve and it always strengthens that partnership when we provide those partners contract financial support. TCMHMR has been paying us for years to provide OSAR and homeless services, so to have us in turn paying them, strengthens our partnership and relationship. And in this case I can say with confidence co-dependency is not always a bad thing. Have a great February, continue to work hard and stay safe.



A handwritten signature in blue ink that reads "Eric R. Niedermayer". The signature is fluid and cursive, with a long horizontal line extending from the end.

- Eric Niedermayer

# THE NEW RECOVERY RESOURCE COUNCIL

In October 2018, Recovery Resource Council and The Dallas Council on Alcohol & Drugs officially merged, becoming one of the largest non-residential non-profit organizations in North Texas dedicated to the prevention, intervention, treatment and recovery of thousands of individuals and families struggling with alcohol, substance misuse and trauma.

The new Recovery Resource Council provides services and programs to approximately 110,000 youth and adults in 19 North Texas counties. As a Joint Commission accredited behavioral outpatient agency, the Council serves as the gateway to services for substance disorders and behavioral health issues for adults, youth and families in 19 North Texas counties. Our Veteran services and Permanent Supportive Housing program for the chronically homeless address vital unmet needs in the community. This year, the Enduring Families program will provide behavioral health services to more than 500 Veterans, their spouses, and children. Our evidence-based Prevention Education program for at-risk children is in 180 schools in 25 North Texas school districts, local homeless and domestic violence shelters, and other community sites. The Outreach and Advocacy program addresses key issues of underage drinking, tobacco use and DWI through three regional coalitions and the Regional Prevention Resource Center.

---

**We are excited about this new direction and the possibilities it brings to make a large impact in our communities. We could not do it without your support. Thank you!**

---



## NOW SERVING 19 COUNTIES IN NORTH TEXAS

Collin, Cooke, Dallas, Denton, Ellis, Erath, Fannin, Grayson, Hood,  
Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall,  
Somervell, Tarrant, Wise

### WEST CAMPUS

2700 Airport Freeway  
Fort Worth, TX 76111  
817.332.6329

### EAST CAMPUS

1349 Empire Central Dr.,  
Suite 800  
Dallas, TX 75247  
214.522.8600

### \* NORTH CAMPUS

306 North Loop 288  
Denton, Texas 76209

\*Visit by appointment only



# DEAR FRIENDS OF THE COUNCIL,

It has been an honor to serve the past two years as your Board Chairman and a great pleasure to welcome Ms. Maureen Maidlow, as the new Board Chair in January 2020. Maureen has been a great contributor to the Council as well as a wonderful Co-Chair who accompanied the organization through many accomplishments!

## HERE ARE SOME HIGHLIGHTS:

Fiscal year (FY) 2019 (September 2018-August 2019) was another great year at the Council with many things to both be grateful for and celebrate. Initiating discussions in early 2018, in November 2018 we merged our agency with the Dallas Council on Alcohol and Drugs, linking our legacy timeline to theirs and tracing our founding as a Council to 1946; or just shy of **three quarters of a century** promoting wellness from alcohol and substance use.

In FY 2018 our budget size was \$4.1 million with 47 employees. Completing the merger, expanding our prevention programs, obtaining a new federal trauma related treatment grant, and taking over two programs from Catholic Charities-Fort Worth expanding our homeless services, our budget has grown to over \$8.0 million with 82 employees. That is an impressive achievement by the dedicated employees of the Council.

In August 2016, we established two five-year agency targets:

- 1) By August 2021, reach over 10,000 children and youth per year with evidence-based prevention programming.
- 2) By August 2021, provide 2,000 Veterans, first responders (and family members) with trauma related therapy.

In August 2016 these goals seemed a huge stretch; however, consider the following FY 2019 data. With approximately 8,000 youth receiving evidence-based prevention programming this past year (up from 4,500 in FY 2016) and then adding the 721 unduplicated clients to reach a total of 1,487 to date, it is safe to assume that both five-year goals will be surpassed; possibly a

year early! During the week of November 27, 2019, this impressive team led 366 different education groups; this assisted in bringing our evidence-based prevention program to approximately 8,000 youth during FY 2019. The 31st Annual Jim Bradshaw Memorial "Stars in Recovery" Event in May 2019 that featured Nic Sheff grossed over \$285,000. The 32nd Annual Jim Bradshaw Memorial "Stars in Recovery" scheduled May 8, 2020 will feature our guest speaker, Cameron Douglas, son of Michael Douglas and grandson of Kirk Douglas. (Certain to be a sellout, call and secure your spot now.)

Our Youth Prevention Programs have grown to include nine North Texas Counties with the largest presence found in Tarrant and Dallas. The Prevention department now has 31 employees delivering our evidence-based prevention programming to at risk youth and children. During the week of November 27, 2019, this impressive team led 366 different education groups; this assisted in bringing our evidence-based prevention program to approximately 8,000 youth during FY 2019.

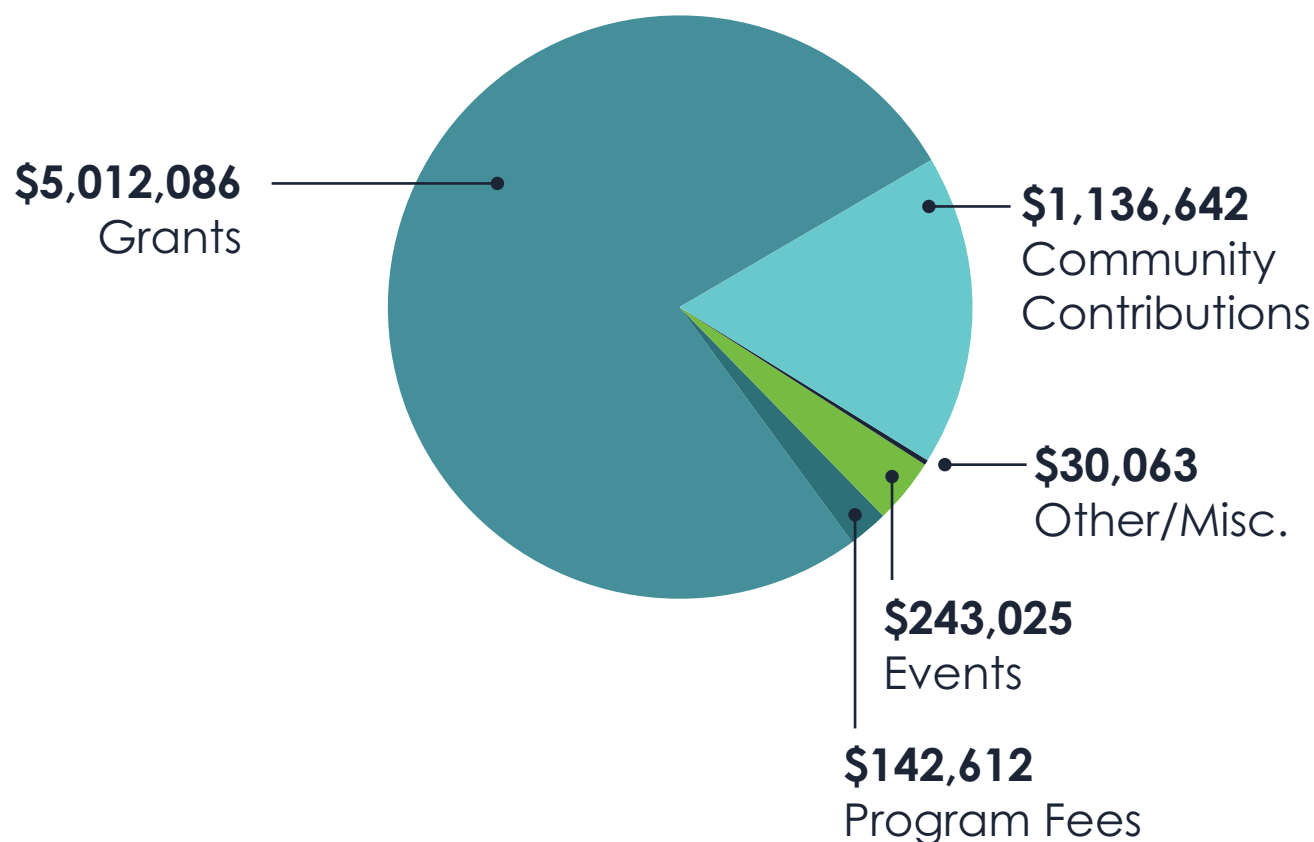
The Enduring Families psychotherapy program for Veterans now has 8 full time therapists and two intake client coordinators. In calendar year 2019 this team provided services to 721 unduplicated clients (i.e. 114 children/youth, 152 adult Veteran family members and 455 Veterans). A total of ~83% of the veteran program adult participants reported at least a 20% reduction in anxiety/depression, and an overall improvement in quality of life. And with the help of several generous foundations, we were able to add five new offices to our Veteran's Counseling Center which became operational in June 2019.

I hope that you will join me in congratulating our CEO Eric Niedermayer, and the entire staff at Recovery Resource Council for jobs well done. It has been a tremendous experience to observe the dedication and hard work that they each put towards the historic merger, achieving remarkable results, all while providing hope, conquering addiction, and healing families!

Sincerely,

J. Michael McMillan

## REVENUE: \$6,564,428



## EXPENSES: \$6,487,887

**89%**

**\$5,776,382**  
PROGRAM SERVICES

**7%**

**\$472,404**  
ADMINISTRATION

**4%**

**\$239,101**  
FUNDRAISING

2,725

Youth and adults engaged with Outreach, Screening, and Referral (OSR)

8,528

Calls received requesting Information and Referral

542

Adults attended Education classes, including DWI & Drug Offender Programs

89

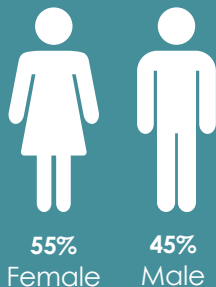
Adults participated in Recovery Now (intensive outpatient substance misuse treatment services)

53%

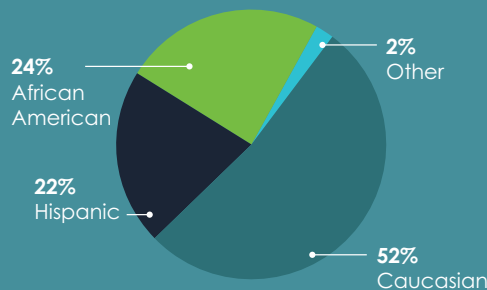
of referrals to OSR came from Child Protective Services

## PROGRAM DEMOGRAPHICS

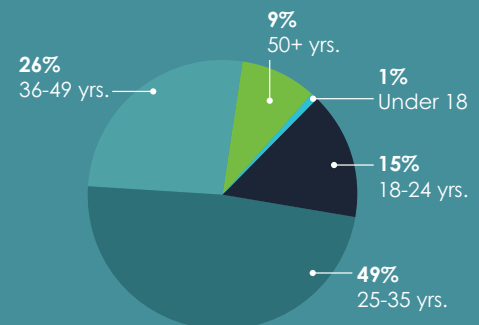
### GENDER



### ETHNICITY



### AGE



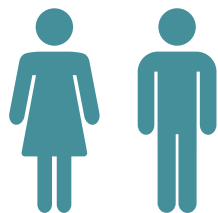
Adults can attend Education classes and Recovery Now programs at one of our three campuses.

# 721

## Clients Served

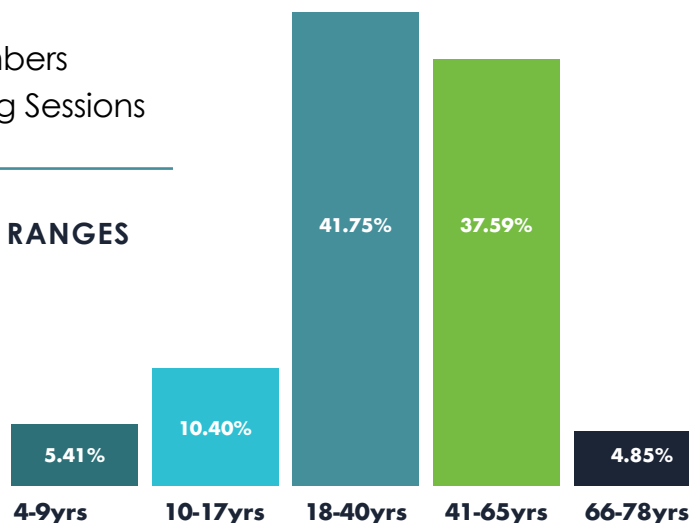
455 Veterans  
266 Family Members  
5,198 Counseling Sessions

### GENDER

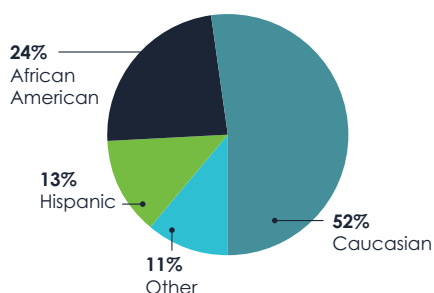


44% Female  
56% Male

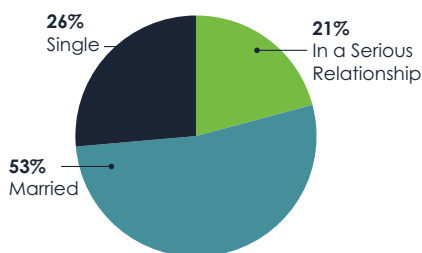
### AGE RANGES



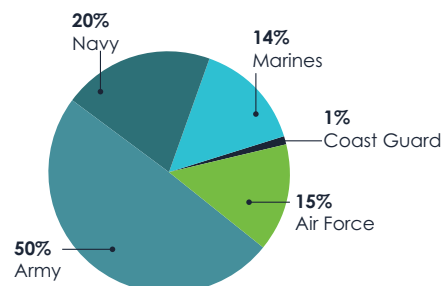
### ETHNICITY



### RELATIONSHIP STATUS



### MILITARY AFFILIATION



### MODALITY TYPES

Cognitive Behavioral Therapy • Eye Movement Desensitization and Reprocessing (EMDR) • Cognitive Processing Therapy • Solution-Focused Therapy • Child-Centered Play Therapy • Sand Play (Jungian) Therapy • Adlerian Therapy • Bowen Family Systems • Emotion-Focused Therapy • Psychodrama

### PROGRAM OUTCOME MEASURE

Clients who received mental health services in 2019 improved 20% or more in depression, anxiety, or quality of life.

### RESULTS

82.92% of participants have shown a minimum 20% improvement from pre- to post-program scores on anxiety, depression, or quality of life.



# 78,238

This year (2019) Recovery Resource Council provided services to 78,238 North Texas children and adults who learned about the dangers of substance misuse and found a pathway to health and recovery.

### DURING THE 2018 - 2019 SCHOOL YEAR, RECOVERY RESOURCE COUNCIL'S PREVENTION SERVICES...

Partnered with **187 schools in 26 different school districts** to provide evidence-based services

Served **8,473 children and youth** in Dallas, Parker, Wise, Denton, Tarrant and Johnson Counties

Served **75 children** at Camp L4; and **20 adolescent girls** at the 2nd annual Teen Retreat

Reached **57,630 youth and 12,132 adults** with prevention education services

Completed **2,400 retail tobacco compliance checks**.

As the Prevention Resource Center for North Texas Region 3, Recovery Resource Council coordinated professional development trainings, media awareness activities, and developed a comprehensive data infrastructure and Regional Needs Assessment tool.

## SPECIAL POPULATIONS

### SPECIAL POPULATIONS PROGRAM

Project New Start provided permanent supportive housing services for 47 very low income persons, age 18 and older, impacted by chronic disabilities.

### HEI CASE MANAGEMENT PROGRAM: STRENGTH-BASED CASE MANAGEMENT SERVICES

- 225** Clients with an open case
- 180** Clients who are maintained in continuous HIV medical care
- 100** Clients actively participating in substance use services
- 600** Client referrals resulting in initial contact within 14 days
- 446** Safer Sex Kits Distributed
- 3** Syringe Cleaning Kits Distributed
- 7** Crack Smoking Kits Distributed

### HIV OUTREACH: OUTREACH AND PREVENTION EDUCATION SERVICES

- 210** Individuals referred for substance use services as a result of HIV outreach efforts
- 6516** Individuals identified through targeted outreach as being at high risk for HIV infection
- 16** Individuals tested positive for HIV infection
- 3590** Safer Sex Kits distributed
- 5** Syringe Cleaning Kits Distributed
- 60** Crack Smoking Kits Distributed

### TEXAS TARGETED OPIOID RESPONSE (TTOR): PEER SUPPORT SERVICES

- 53** Clients offered recovery coaching services
- 50** Received recovery coaching services
- 407** Individuals offered information about self-help recovery programs
- 7** Individuals who entered into recovery housing
- 36** Individuals in long term recovery coaching
- 5** Individuals who are enrolled in Medication Assisted Treatment (MAT) Programs



# WAYS TO SHOW SUPPORT

## Donate

Since 1957, Recovery Resource Council continues to provide hope, conquer addiction and heal families. Gifts make a difference in the lives of the thousands of adults we assist with treatment and recovery services, at-risk children we touch through prevention education programming, and veterans and their families. Your help ensures that we can continue to provide these services to our community. Your fully tax-deductible monetary or in-kind donations such as household items, furniture and youth and adult giveaway items are greatly appreciated.

## Attend

Events are an educational and fun way to support Recovery Resource Council. The funds raised through sponsorships, table sales and raffles underwrite a significant portion of our operating budget. Our largest event is the Jim Bradshaw Memorial Stars in Recovery lunch located in Fort Worth during the spring time while our fall luncheon, Power of Prevention, is held in Dallas. Both events feature inspirational stories of recovery. Our final event of the year is the Golf Classic which is held during October which has provided perfect weather for a great day on the course!

## Contact Us

For all questions regarding individual gifts, sponsorships or upcoming events, please contact:

Development Department  
development@recoverycouncil.org  
(817) 332-6329

## Get Connected

Sign up on our website to receive current information about events.

[www.recoverycouncil.org](http://www.recoverycouncil.org)

    [RecoveryResourceCouncil](#)



Camps, education programs and mentorships provide positive experiences and roll models for at-risk youth.

## ORGANIZATIONS

Airline Fabricare Systems  
 Airpower Foundation  
 America's Charities  
 Bank of Texas  
 Baylor Scott & White  
 Baylor, Scott and White Health  
 Benbrook Lakeshore Neighbors Association  
 Bergen Co United Way  
 Better Together Fund c/o Dallas Foundation  
 BFC Colonial INC.  
 BKD Foundation  
 BNSF Railway  
 Carry the Load  
 Ciera Bank  
 ClaytonHill Greenhouse Company  
 Colonial Country Club Charitable Fund  
 Communities Foundation of Texas  
 Doman Capital Partners Inc  
 Elliott Refrigeration and HVAC  
 Enterprise Fleet Management  
 Enterprise Holdings Foundation  
 Fort Behavioral  
 Fort Worth Foundation  
 Fort Worth TAAP  
 GM Financial  
 Hartline Barger, LLP  
 Healing Springs Ranch  
 Higginbotham & Associates, Inc.  
 Identifec  
 JES Edwards Foundation  
 JP Morgan  
 JP Morgan Chase Bank, NA  
 JTaylor  
 Junior League of Fort Worth, Inc.  
 K&L Enterprises, Inc.  
 K&L GATES LLP  
 Kay Granger Office  
 King Foundation  
 KPMG  
 La Hacienda Treatment Center  
 Lakota Energy  
 Lockheed Martin Aero Club  
 Meadows Foundation  
 Mercury One  
 Mesa Springs  
 Metroplex Roofing Contractors  
 MHMR of Tarrant Co.  
 Modern Welding Co.- DFW  
 Monroe & Monroe Insurance Agency  
 Moody Foundation  
 Morris Foundation  
 Mutual of America  
 Nancy and John Snyder Foundation  
 Network For Good - Facebook Donations  
 Ninnie L. Baird Foundation  
 Old School Roofing and Construction LLC  
 Origin Bank

Origins Recovery Centers  
 Overridge  
 Paragon Distributing  
 Paulos Foundation  
 Phillips King  
 Ranch at Clear Springs  
 Rees-Jones Foundation  
 Richard N. Berry, P.E.,INC.  
 Ridglea Country Club  
 Right Step  
 RSM US LLP  
 Sante Center for Healing  
 Sid W. Richardson Foundation  
 Springstone  
 Sumpter Services LLC  
 Southern Methodist University  
 Tarrant County  
 Tarrant County Housing Finance Corp.  
 TCU  
 Texas Association of Addiction Professional Dallas  
 Texas Health Recovery & Wellness Center  
 Texttron Matching Gift Program  
 The Maryanne and Tom Mitchell Charitable Trust  
 The Ryan Foundation  
 Thompson and Knight  
 Thrivent Financial for Lutherans  
 Truist  
 Unified Services of Texas  
 United Way of Metropolitan Dallas  
 United Way of Tarrant County  
 UST  
 Valley Hope  
 Veteran's Health Medical Supply  
 Veterans Coalition of N. Central Texas  
 Vincent Genovese Foundation  
 Vista Bank  
 Vistage International  
 Winstead PC

## INDIVIDUALS

Robin and Norman Bagwell  
 Bill Baker  
 Al Bartow  
 Juli and Brandon Bledsoe  
 Cogdell & Heather Bradshaw  
 Ouida Bradshaw  
 Deirdre Browne  
 Cathy Buley  
 Nancy Bunting Larson  
 Harold Byrd  
 James and Janean Carey  
 Mana Chaffin  
 Georgia Clarke  
 Anne Conine  
 Adam Deem, MD  
 Teresa Delaney  
 Amy Denton  
 Mary Drysdale  
 Leigh Files  
 Lauren Gillette

Erin Green  
 Casey Gutierrez  
 Larry Helm  
 Will Henderson  
 Richard Henderson  
 Kylie Hughitt  
 Sarah Hutcheson  
 Shauna Jenkins  
 Kenneth and Ann Jones  
 Ken Jones  
 Charles Kennedy  
 Joel and D'Aun Lagrone  
 Robert and Paula Lansford  
 Elaine Lofland  
 Christine Lutz  
 Michael Mallick  
 Jonathan Manheim  
 Gary Martin  
 Dorenda McDonald  
 Susan McEvoy  
 Jeffrey McMillan  
 Michael McMillan  
 Ellen Moore  
 JoAnne and Eddy Moore  
 Clifton H. and Sheridan Morris  
 John and Kathryn R. Murphy  
 David Murray  
 Eric and Vicki Niedermayer  
 Kent and Susan Nix  
 Douglas N. and Ann Petersen  
 Greg Phillips  
 Bill Pickler  
 Jan M. Pompei  
 Shannon Purtell  
 Janet Baird Quisenberry  
 Rusty Reid  
 Mikel and Leigh Ann Richards  
 Tamela Richards  
 Timothy Runkle  
 Sheryl Sewell  
 Debbie Shannon  
 Alison Shumaker  
 Ronald Siler  
 Tom and Shari Simmons  
 Ellawese Smith  
 Eric & Betty Spomer  
 Allen F. Stearns  
 Karen S. Stepick  
 Richard Stuntz, MD  
 Joseph & Lynnice Taylor  
 Stephen Taylor  
 Bryan and Cindy Trocola  
 Paul Vallhonrat  
 Richard Vlasich  
 Mike and Ann Waddell  
 Beth Warner  
 Kay Watson  
 Barbara Williams  
 Patricia Wilson  
 Brandon Wyatt  
 Paul and Janet Wynne  
 Jack and Nancy Zogg



## BOARD OF DIRECTORS

**Christopher Ammann**  
Partner, KPMG LLP

**Ty Beasley**  
Principle (Managing Partner – Dallas Office), RSM US LLP

**Sarah Caldwell**  
Senior Tax Manager, JTaylor & Associates

**Michael Cuda**  
Partner, K & L Gates LLP

**Lori Green**  
Managing Partner, IBTX

**Shauna Jenkins**  
Homemaker, Retired

**Joel Lagrone**  
Engineering Sr. Stf, Lockheed Martin, Aeronautics Co. FTW

**Melissa Matthews**  
Partner, Hartline Dacus Barger Dreyere, LLP

**Maureen Maidlow**  
Financial Advisor, OverRidge Wealth Advisors

**Michael McMillan**  
Private Consultant, Self-Employed

**Dan Midgett**  
Self-Employed, Landscaper

**Mike Puls**  
Community Advocate

**Stephanie Rabey**  
Technology & Security Risk Services  
Accountant, Ernst and Young, LLP

**Marshall Ryan**  
President, Unified Services of Texas, Inc.

**Dr. Ellawese Smith**  
Self-Employed, Anesthesiologist

**Keri (Shelley) Simon**  
Clinical Pharmacist, Baylor All-Saints Medical Center

**Eric Spomer**  
President, Catalyst Renewables

**Stephen Taylor**  
Attorney, Winstead PC

**Caroline Thomas**  
Vice President and Relationship Manager, CapTex Bank

## WEST CAMPUS ADVISORY BOARD

Jeb Bradshaw

Roy C. Brooks

Jim Carey

Robin Davis, M.S.

Howard Dunlop, PhD

Kelley Eubanks

Kay Granger

William M. Henderson, II

Laura Hill

Bob Jameson

Kenneth Jones

Robyne Kelly

Bob Lilly, Jr.

Shirley Little

Joel Lagrone

Charlene M. Carter Mauzé

Jay Meadows

S. Thomas Mitchell

Mike Moncrief

Chris Monroe

Fred Monroe

Samuel H. Moore, CPA

Clifton Morris

Steven Newton

Vicki Niedermayer

Greg Phillips, MD

Don Shisler

Maritta Sumner, PhD

Michael Tothe

B. Glen Whitley

## EAST CAMPUS ADVISORY BOARD

Lauren Arthur

Hon. Tena Callahan

Catherine Cuellar

Leigh Files

Lita Hodges

Elizabeth A. Jessiman

Sharon King (Chair)

John A. Mogk

Cynthia Pladziewicz, Ph.D.

Thomas E. Reddin

John Talmadge, M.D.

Carol Vesey

Dennis Wade, MS, FACHE

Roger W. Wedell, Ph.D.

Jane Wetzel

J. Scott Wilson

Jan M. Easterling





# RecoveryResource COUNCIL

## **WEST CAMPUS**

2700 Airport Freeway  
Fort Worth, Texas 76111

## **EAST CAMPUS**

1349 Empire Central Drive,  
Suite 800  
Dallas, Texas 75247

## **NORTH CAMPUS**

306 North Loop 288  
Denton, Texas 76209  
*Visits by appointment only\**



[WWW.RECOVERYCOUNCIL.ORG](http://WWW.RECOVERYCOUNCIL.ORG)

 [RECOVERYRESOURCECOUNCIL](https://www.facebook.com/RECOVERYRESOURCECOUNCIL)